

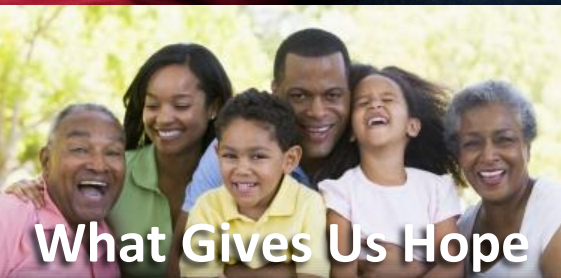
The Courage to Love

Building A Loving Community so Our Babies Can Thrive



What We Know

- Black babies in Illinois & Chicago are often born too early and too small and are at a greater risk of dying in the first year of life.
- Babies born in Auburn Gresham are nearly twice as likely to die in the first year of life than babies born in Chicago overall.
- Black babies are more likely to die than White babies regardless of their mother's education or income.
- This happens because Black women's bodies are negatively impacted by the wear and tear of racism and discrimination throughout their lives.



What Gives Us Hope

- Healthy social relationships can lessen the impact of the stress caused by racism and discrimination!
- Auburn Gresham is full of healthy, loving relationships!
- Spreading that love can make the whole community healthier!
- Love gives us the power to work for justice, fairness and everyone having enough!



Community Stories

- We want to come to where you are to hear your stories about **where love is already at work** in the community. Invite us to your block club, church, parent group or just gather a group of friends to tell your stories.
- We want to know where you see opportunities to **nourish love** in our community—between individuals, families and neighbors—but also in ways that combat racism and discrimination.
- We want your input into a plan to **that expands love across the community** in a way that will help babies thrive.

What You Can Do

Add Your Voice: Share your wisdom in an interview or focus group. This will take 45 minutes to 1 hour and you will receive a \$10 gift card in respect of your time.

Spread the Word: Let your friends, family and neighbors know about the Courage to Love project.

Join the Courage to Love Wisdom Circle—a group committed to figuring out how to expand and grow the love that already exists in Auburn Gresham so that babies and their families can thrive.

For more information on how to get involved, contact Dominica McBride at (312) 394-9274 or dmcbride@be-come.org.

The Courage to Love is hosted by the following community organizations.

