

⁷FIT⁷CLUB³ beach body *chicago*

This is a **FREE** workout
...designed by the Beachbody
Fitness program of your choice!

INSANITY

P90X

TURBO FIRE

brought to you by CHICAGO area Beachbody coaches!

EVERY SATURDAY 10am - 11am

Kyle Blust Personal Fitness, LLC /
Lincoln Park Fit Body BootCamp
1820 W Webster Ave - Unit 204 - Chicago, IL 60614

Register online
at www.773fitclub.com



Ask for Maurice Staples

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